

## ***Wellness Management & Recovery Regional Leadership Institutes:*** Where are We with the Recovery Movement?

### **Learning Objectives:**

- Participants will enrich their understanding about the history of the recovery movement
- Participants will explore the relationship between empowerment, activism, and personal wellness.
- Participants will work in small groups to identify where recovery is working well in the community and how to create more opportunities for recovery.
- Participants will share their ideas for continued growth and leadership in the community
- Participants will collectively create an action plan for sustained growth of recovery and wellness in the region.

### **When:**

Thursday, September 3, 2015

### **Time:**

9:30am-5:00pm

### **Where:**

Reynolds Corners Library  
4833 Dorr Street  
Toledo, OH 43615

### **Who:**

Anyone who wants to share and learn about the recovery and wellness efforts in the community.

\*\*\*Lunch and refreshments provided



RSVP: [info@wmrohio.org](mailto:info@wmrohio.org) or  
614-225-0980 ext. 1316 by  
August 31st